Kentucky Association of Hospice and Palliative Care
17th Annual Spring Conference

The Future of Hospice and End of Life Care in a Changing Healthcare Environment

August 27-28, 2015
Marriott Downtown
Louisville, Kentucky
CONFERENCE OVERVIEW

Hospices have seen many changes in recent years. While the environment of change looks to be the new constant, hospices are continuing to move forward.

Join us on Thursday as Judi Lund Person joins us at our conference with “The View from Washington”. Judi has been the Vice President of Quality for the National Hospice and Palliative Care Organization since July 2002. Judi will share with us what is happening on the regulatory front and how it is or will affect the delivery of end of life care.

Throughout the day on Thursday, attendees will be able to learn more about the regulatory challenges facing the hospice industry with Judi Lund Person in the Regulatory track. A new addition to the conference this year is a regulatory boot camp provided by Weatherbee Resources. For hospice teams, sessions include clinical/symptom management and psychosocial tracks. The morning plenary will feature Dr. Joe Rotella, Chief Medical Officer of the American Academy of Hospice and Palliative Medicine.

Friday morning features a presentation by Dr. John Langefield, Medicaid Medical Director for the Cabinet for Health and Family Services, with an update on the Kentucky State Innovation Model Grant. Breakout sessions on Friday will feature a clinical track, regulatory, management, and a continuation of the Weatherbee boot camp.

Our closing plenary session by Dr. Salli Whisman spotlights new MOST regulations. Dr. Whisman currently serves as the medical director for Hospice of the Bluegrass.

CONTACT HOUR CREDITS OFFERED

Nursing
The Kentucky Board of Nursing has approved contact hours as follows: KBN#: 4-0123-1216-2393, 6.3 contact hours for Thursday, August 27, 2015 and KBN#: 4-0123-1216-2394, 6.9 contact hours for Friday, August 28, 2015 (pending). Kentucky Board of Nursing approval of an individual continuing education provider does not constitute endorsement of program content. To receive contact hours participants must attend the entire day, evaluate the offering, and bring their Kentucky nursing license number.

Social Work Licensed Professional Counselors
Hosparus is approved by the Kentucky Board of Social Work to sponsor continuing education for credential holders and maintains responsibility for this program and its content (KBSW-SP2015019). Contact hours for Social Workers are pending approval as follows: 6.3 contact hours for Thursday, August 28, 2015 and 6.9 contact hours for Friday, August 28, 2015. To receive contact hours participants must attend the entire day, evaluate the offering and bring their Kentucky social worker license number.

Licensed Professional Counselors
Contact hours for Licensed Professional Counselors are pending as follows: 6.3 contact hours for Thursday, August 28, 2015 and 6.9 contact hours for Friday, August 28, 2015.

NOTE: In order to receive continuing education credits, you must sign in Thursday by 9:00 a.m. and Friday by 8:00 a.m. at the registration desk and complete and return your evaluation forms at the end of each day.

LEARNING OBJECTIVES

After completing this conference, participants will be able to:

• Identify changing regulatory and economic factors affecting the delivery of end of life care
• Discover the newest innovations and delivery models in hospice and palliative care
• Describe excellent clinical practices for quality end-of-life care in a new regulatory environment
• Determine new programs which enhance psychosocial care and bereavement services

EDUCATION COMMITTEE

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Hosparus

Gail McGillis
Hospice Care Plus

Susan Hunt
Community Hospice

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Brandy Cantor
KY Association of Hospice & Palliative Care

Sheila Cornelison
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Amber Kirchner
Hosparus
Judi Lund-Person, MPH, has been the Vice President of Quality for the National Hospice and Palliative Care Organization (NHPCO) since July 2002. Prior to joining the team at NHPCO, she served for 22 years as the President and CEO of The Carolinas Center for Hospice and End of Life Care (formerly Hospice for the Carolinas). A recognized national leader in the field of hospice and end of life care, Lund-Person works with state hospice organizations and local hospice providers on quality, performance improvement, regulatory issues, data collection, and strategic planning. Lund-Person spearheaded the creation and launch of NHPCO’s Quality Partners, a national initiative designed to build organizational excellence and improve hospice and palliative care delivery and outcomes.

Dr. Salli Whisman is a 1995 graduate of the University of Kentucky, College of Medicine, and completed her Family Practice residency training at the MAHEC Family Practice Residency Training Program in Asheville, NC in 1998. She is board certified in both Family Medicine (1998) and Hospice and Palliative Medicine (2003). She joined a private Family Practice in the fall of 1998 and became an associate Medical Director for Mountain Area Hospice in Asheville. In 2002, she became Medical Director for Mountain Area Hospice and Palliative Care. She joined Hospice of the Bluegrass in August of 2005 as Associate Medical Director.

Currently, Dr. Whisman is the Senior Hospice Medical Director for HOB and faculty with the University of Kentucky/Hospice of the Bluegrass Hospice and Palliative Medicine Fellowship Program. Her time is spent in clinical, educational, advocacy and administrative duties as well as clinical oversight of the care received by ~700 hospice patients in their homes, nursing homes, and in inpatient settings across central and southeastern Kentucky.

John R. Langefeld, M.D serves as the Chief Medical Officer for the Kentucky Cabinet for Health and Family Services; Department of Medicaid Services. Dr. Langefeld joined CHFS June 1, 2013. He came to the Cabinet from his position as chief medical officer for Artemetrx, a Tennessee-based company with an office in Lexington that specializes in how data analysis can aid in accomplishing clinical quality outcomes and worked with many large employers, physician groups, and public entities.

Prior to Artemetrx, Dr. Langefeld was the medical director and vice president of healthcare management for Bluegrass Family Health in Lexington. He has also held several medical director and clinical positions. A Kentucky native, Dr. Langefeld completed his undergraduate work at Berea College, a Family Practice residency at St. Elizabeth Medical Center and served as an assistant professor at the University of Kentucky Medical Center.

He currently also serves as Instructor in Family and Geriatric Medicine at the University of Louisville School of Medicine. He has a strong interest in using data and technology to support better decision-making in health care and areas of focus include clinical integration, population health, and medical informatics.

Dr. Joe Rotella is Chief Medical Officer for the American Academy of Hospice and Palliative Medicine and owner of CatalystHPM, a healthcare consulting company. He served as Chief Medical Officer for Hosparus, a community-based hospice in Louisville, KY for 15 years. During his tenure, he helped establish hospice inpatient units, palliative care consultation services, and a palliative medicine fellowship. Heeding a call to leadership and innovation, Rotella earned an MBA in Entrepreneurship from the University of Louisville. His work with the Academy includes serving on the Quality and Practice Standards Committee, Choosing Wisely Task Force and co-chairing the AAHPM and HPNA Measuring What Matters initiative and the AAHPM Hospice Medical Director Conference.

Joe knew he was bound for medicine when he entered college, but majored in English because he believed medicine belongs as much to the humanities as to the sciences. During his 12 years practicing primary care internal medicine in rural New Hampshire, he witnessed significant suffering in his sickest patients and their families and dedicated himself to finding ways to make their healthcare more human and compassionate. Rotella also founded an oncology support clinic at his local hospital and attended a seminar in England where he was inspired by the work of Dame Cicely Saunders.
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| 8:00-9:00 | Registration | Vendor Booths Open | Welcome | Welcome to KAHPC 16th Annual Conference  
              Susan Hunt, President, KAHPC  
              Executive Director, Community Hospice |
| 9:00-9:15 | Opening Plenary | Shed Bad meds: Managing and Stopping Harmful and Dubious Meds in Hospice and Palliative Care  
              Joe Rotella, MD MBA HMDC FAAHPM  
              Chief Medical Officer  
              American Academy of Hospice and Palliative Medicine | Break | Visit Vendors (Coffee, Tea, Water Available) |
| 10:45-11:45 | Breakout Session 1  | 1A: The Future of Community Based Palliative Care  
              Ben Ruley, Director of Innovation  
              Hosparus  
              Joe Rotella, MD MBA HMDC FAAHPM  
              Chief Medical Officer  
              American Academy of Hospice and Palliative Medicine  
              Kay Williams, Lourdes Hospice  
              Brian Jones, St. Elizabeth Hospice  
              Turner West, Hospice of the Bluegrass  
              Elizabeth Wessels, Care Guide Partners | 1B: Sexuality and Intimacy at End of Life  
              Vicki Merrill, LCSW, ACHP-SW  
              Hospice of the Bluegrass | 1C: Tools for the Journey: Self Compassion as Self Care  
              Amy Sloboda, MA, ATR-BC, LPAT, CT  
              Hospasus  
              Sheila Otten, CSW  
              Hospasus  
              Jim England, MDiv, PhD  
              Hospasus | 1D: The Initial Comprehensive Assessment of the Patient  
              Carrie Cooley, RN, MSN  
              Weatherbee Resources |
| 11:45-1:15 | Lunch | Lunch and Break to Visit the Vendors | Afternoon Plenary | The View from Washington  
              Judi Lund Person  
              National Hospice and Palliative Care Association |
| 1:15-2:15 | Break | Visit Vendors | Break | Visit Vendors |
| 2:30-3:30 | Breakout Session 2  | 2A: Hot Regulatory Topics  
              Judi Lund Person  
              National Hospice and Palliative Care Association | 2B: Facing Communication Challenges of Multi-Generational Hospice Workforce  
              Vicki Merrill, LCSW, ACHP-SW  
              Hospice of the Bluegrass  
              Brian Jones, DHSc, MS, CHPCA  
              St. Elizabeth Hospice | 2C: Using Outdoor Adventure Activities for Grief Work with Teens  
              Gail Rizzo  
              St. Elizabeth Hospice | 3D: The Interdisciplinary Group, the Care Planning Process and Coordination of Services  
              Carrie Cooley, RN, MSN  
              Weatherbee Resources |
| 3:30-3:45 | Break | Visit Vendors | Breakout Session 3  | Visit Vendors |
| 3:45-4:45 | Breakout Session 3  | 3A: Key Vulnerabilities for Hospices: A Review of the Hospice Claims Data  
              Judi Lund Person  
              National Hospice and Palliative Care Association | 3B: Symptom Management: Nausea and Vomiting  
              Thomas McKain, MD  
              Hosparus | 3C: Reawakening Purpose  
              Ellen Green, LCSW, ACHP-SW  
              Hospasus | |
| 4:45-5:00 | Evaluations | Complete and Return Evaluations. CE Certificates Provided. Vendors Open Until 5:30pm | Board Meeting 4:00—5:30 | KAHPC Board of Directors Meeting - Place Room |

The Future of Hospice and End of Life Care in a Changing Healthcare Environment  
Thursday, August 27, 2015
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| 8:00-9:00  | Breakout Session 4                                                               | **4A** How to Win Friends & Influence Families: Training Nurses to Talk the Talk  
Susan Berla, BA, RN, CHPN  
Hospice of the Bluegrass  
**4B** Enhancing Your Presentations to Maximize the Learner’s Experience  
Turner West, MPH, MTS  
Hospice of the Bluegrass  
**4C** Pediatric Palliative and Hospice Care: Expanding Our Reach  
Bethany Snider, MD  
Hospice of the Bluegrass  
Elizabeth Wessels  
Care Guide Partners  
**4D** Turning Data into Documentation Part 1  
Carrie Cooley, RN, MSN  
Weatherbee Resources  |
| 9:00-9:15  | Welcome                                                                          | Welcome  
Phil Marshall, Vice President KAHPC  
Hosparus  |
| 9:15-10:30 | Opening Plenary                                                                  | Kentucky State Innovation Model Grant: Where Are We Headed?  
John Langefeld, MD  
Medicaid Medical Director  
Cabinet for Health and Family Services  |
| 10:30-10:45| Break                                                                            | Visit Vendors  |
| 10:45-11:45| Breakout Session 5                                                               | **5A** Story Care: The Theory, Application and Outcome of Narratives in Caring for Patients at the End of Life  
Sue Snider, RN, MSN, MSW, CHPN  
Hospice of the Bluegrass  
Rev. Dr. Cam Holzer, BCC, ACPE Supervisor  
University of Kentucky HealthCare  
**5B** How to Operationalize and Implement a Compliance Program  
Terri Graham, RN  
Hospice of the Bluegrass  
Loretta McGinty, MBA, CHC  
Hospice of the Bluegrass  |
| 11:45-1:00 | Luncheon                                                                         | 2014 KAHPC Awards Presentation  |
| 1:00-2:00  | Breakout Session 6                                                               | **6A** Wounds! Wounds! Wounds!  
Amber Kirchner, MSN, CHPN  
Hospice of the Bluegrass  
**6B** Government Investigations: No Longer Unexpected  
Eugenia Smither  
Hospice of the Bluegrass  
**6C** New Continuums for Success in a Changing Health Care Landscape  
Kent Anderson, MBA  
Hospice of Dayton  
**6D** Hospice Assessment Tools and Comparative Documentation Part 2  
Carrie Coolay, RN, MSN  
Weatherbee Resources  |
| 2:00-2:15  | Break                                                                            | Visit Vendors  |
| 2:15-3:45  | Closing Plenary                                                                  | Medical Orders for Scope of Treatment: Having the Conversation  
Salli Whisman, MD  
Hospice of the Bluegrass  |
| 3:45-4:00  | Evaluations                                                                      | Complete and Return Evaluations. Contact Hour Certificates Provided.  |
The Kentucky Association of Hospice and Palliative Care annually honors staff, leaders, and community supporters who exemplify providing quality end-of-life care to members of our communities. Your paid registration on Wednesday includes admission to the awards luncheon. Additional luncheon tickets can be purchased at $35.00 each. Please join us in recognizing leaders in our field and our state.

**Hospice Innovator Award**
For an individual or group who has demonstrated excellence in the use of skills, caring and devotion to patients and colleagues.

**Hospice Distinguished Leader Award**
For a person demonstrating sensitivity and commitment to the hospice mission and to the promotion of end-of-life care.

**Hospice Champion Award**
Individuals who have advanced the cause and support of the hospice industry and/or supported those principles and concepts consistent with values underling the provision of hospice services.

**The Award of Excellence**
For an individual who has attained repeated outstanding support in hospice end-of-life care through advocacy, partnerships, and strengthening public policy.

**Hospice Pioneer Award**
For an individual who has blazed a trail for others to follow within the hospice profession, education, program development, administration, government or community activities.

**Above and Beyond Award**
For a person demonstrating exemplary actions of heroism or courage beyond the call of duty within their hospice role.

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**Thank You to Our Exhibitors and Sponsors for 2015**
We Appreciate Your Support!
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August 27-28, 2015

Please type or print. Use separate form for each registrant.

First Name: ____________________________________
Last Name: _______________________________________
Organization: __________________________________
License # ________________________________________
Credentials: ____________________________________
Type of Contact Hours requested: _____________________
Job Title: ______________________________________
Email: ___________________________________________
Address: ____________________________________________________________________________________________
City: _______________________________ State: _____ ZIP: ________ Phone: _____________________________

Method of Payment

☐ Check (payable to KAHPC)
☐ Credit Card - Circle one: Visa / MasterCard

Credit Card# ________________________________ Exp Date: __________
Name on Card (print) ___________________________ 3 digit code________
Billing address on card: ___________________________
_____________________________________________________________

Signature: _______________________________________________________

Registration Fees: Early Bird KAHPC Member KAHPC Member Non-Member Amount Due
☐ Thursday (until July 31st) $150 $175 $195
☐ Friday $150 $175 $195
☐ Additional Award $35 Each $35 Each $35 Each

TOTAL AMOUNT DUE (ADD LAST COLUMN) $_______

Please complete registration form and send payment to:
Brandy Cantor
Kentucky Association of Hospice and Palliative Care
305 Ann St., Suite 308, Frankfort, KY 40601
bcantor@mmlk.com
Phone: 1-888-322-7317 Fax: 1-888-755-6531

You will receive email confirmation of your registration at the above email address.
***No cancellations after August 1, 2015; but you may send another person in your place at no additional cost.***

Hotel Information
A block of rooms are being held at the Marriott Downtown Louisville at the conference rate of $139 per night double occupancy. Please call the hotel directly at (502) 627-5045 or reservations; identify yourself as a Kentucky Hospice Conference participant.